



Kosher, Rabbanut Maale Adumim; Rabbi Gedalia Meyer, Supervising Rabbi

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MEAT-PAREVE TAKEOUT MENU

One meal or a catered affair for up to 125!

APPETIZERS (Por) (Pareve-meat)		Prices/sizes	SALADS (Cont.)		Price/liter (6-8 por)	
Soups: 3-4 por per liter (pareve unless indicated)			All salads (except pickles): ½ liter – 40 NIS (4 por) 1 liter – 70 NIS (8 por)			
Chicken crêpe w/mushroom sauce	10 NIS (min 6)	Pasta primavera				
Chicken fricassée (w/turkey meatballs)	85.00/liter	Potato salad (mayo)				
Deli roll (8)	75.00	Red cabbage w/carrots, mandarin oranges, pine nuts, craisins				
Eggs & onions (meat or pareve) (6-8)	60.00/liter	* Red cabbage w/apples				
Gefilte fish loaf (8-10)	85.00/loaf	Rice-peanut relish				
Honey-garlic chicken wings	75.00/doz.	Rice relish w/vegetables				
SOUPS :		Smoked turkey salad (meat)				
Black bean (meat)	All soups: ¾ liter – 55 NIS (3 por) 1½ liters – 100 NIS (6 por)	String bean/sesame salad				
Cauliflower		Sweet potato/pecan w/maple dressing				
Chicken-leek (meat)		Smoked turkey salad (meat)				
Chicken (meat)		Tabbouleh				
* Chunky vegetable-lentil soup		Three-bean salad				
* Curried lentil		Tossed salad + dressing (on the side)				
* Fruit (cold-summer)		Vegetables vinaigrette				
* Gazpacho (cold-summer)		Waldorf salad w/mayo				
* Minestrone						
* Mushroom-barley						
* Split pea						
* Tomato (hot or cold)						
* Vegetable						
Sweet & sour mini meatballs (m) (5-7)	85.00/liter	MAIN DISHES (Meat) [Chickens are cut into 8-10 pcs]				
Vegetarian chopped liver (4-6)	45.00/½ L.	Apricot-glazed chicken (1/4s) w/herbed bread stuffing (under each ¼) (4)	110.00			
Vegetable roll (8)	75.00	* Apricot-mustard chicken	80.00			
SALADS			* BBQ sauce chicken	80.00		
Apple-cashew salad	All salads (except pickles): ½ liter – 40 NIS (4 por) 1 liter – 70 NIS (8 por)	Beef stew/Pepper steak (5-6)	80.00/liter			
Apple slaw (no mayo)		Broiled ginger chicken/breasts (4 breasts)	85.00			
Asian quinoa salad		* Chicken breast w/linguine & vegs (5-6)	80.00			
Barley salad (w/fruit or vegs)		Chicken w/cherry-BBQ sauce	80.00			
Beets in orange sauce		Chili (you decide how hot!) (4-5)	80.00/liter			
Broccoli-cauliflower salad		* Chinese stir-fry (chkn breasts+vegs) (8)	85.00			
* Carrot-pineapple salad		Ginger-teriyaki spare ribs (yummm!)	50.00/por			
Chick pea w/vegetables		Hawaiian chicken (pineapple-coconut)	80.00			
Cole slaw (mayo)		Herbed roast chicken	80.00			
* Cucumber salad		Honey-curry chicken	80.00			
Fettuccine-avocado, craisins, palm hearts	"KFC" breaded, baked chicken	80.00				
* Health salad	Lemon chicken w/potatoes	90.00				
Hummus (home-made)	* Lemon-grilled chicken (hot or cold)	80.00				
Israeli salad	Maple-roasted chicken w/potatoes	90.00				
* Marinated potato salad	Meat lasagna (med-9 por/large-12-14 por)	100/130 NIS				
Marinated zucchini salad	Meatloaf (deluxe)	140 (12-14)				
Moroccan carrots (spicy)	Moussaka (med-9 por/large-12-14 por)	100/130 NIS				
Pickles (homemade):	Peach chicken	80.00				
Bread & Butter Pickles – sweet & sour	Roast beef (glatt)	22.00/por				
Dill or Garlic Pickles (whole)	* Rotisserie chicken	75.00				
	Roast turkey – whole or parts	Call for info				
	* Schnitzel – oven baked (reg or mini)	20.00/por				
	* Turkey breast w/dried fruit or ginger-cinnamon (4-6)	100.00				
(salads cont'd on next column)						

MAIN DISHES (Pareve)		DESSERTS [Pareve]		[If not noted, 8-10 por]
* Herb-crusted mullet (buri) fillet	30.00/por	Apple/peach cobbler (seasonal) (5-6)		75.00
* Nile perch w/vegs, tom. sauce (4)	80.00	(NOTE: Best served warm)		
* Salmon – Broiled:		Apple-crumble cake		75.00
Individual portion	45.00/por	Assorted cookies (as available)		120/kg
Whole fillet (6-8)	225.00	* Baked apple w/pecan-cinnamon filling		12 ea (min 4)
* Sole w/orange sauce	25.00/por	"Breads" (loaf) – Apple-spice, banana-nut, carrot, date-nut, lemon, zucchini (10 slices)		60.00/loaf
* Sweet & sour carp	25.00/por	Brownies with or w/o walnuts (9)		75.00
Tuna/salmon loaf (9)	75.00/85.00	Caramel pareve cheesecake (12-16)		150.00
HOT SIDE DISHES [Pareve unless otherwise noted]		Carrot cake w/tofu "cream cheese" Tofutti icing (in disposable deep round pan, (12-16)		110.00
Breaded cauliflower (8)	90.00	Cheesecake (yes, pareve!) (12-16)		140.00
* Broccoli in orange sauce (6-8)	90.00	Chocolate cake (iced) (9)		75.00
Broccoli kugel (9)	80.00	Chocolate-choc chip cake w/chocolate Glaze (Tube cake:12-16 por)		100.00
* Butternut squash in syrup (8-10)	70.00	Chocolate Mousse Cake Med (9)		80.00
Butternut squash puree, maple-flavored (8)	70.00	Lg (14)		120.00
Butternut squash kugel (in season) (9)	80.00	"Creamsicle" frozen dessert (12)		85.00
Carrot kugel	75.00	Fruit cobbler (apple/peach-seasonal) (6-8)		75.00
Carrot-Prune Tzimmes (7-8)	80.00	Fruit pies (seasonal) (6-8)		100.00
Carrot soufflé (9)	80.00	Fruit salad (seasonal) (6)		70.00
Chulent - pareve or meat (5-6)	80.00/liter	Hot chocolate cake (individual)		12.00/ea
Couscous w/vegs (8)	85.00	<i>Creamy center – just warm & serve!</i>		(min 6)
Herbed roasted potato wedges (sweet potato + white) (9)	90.00	Lemon "dream" loaf (8-10) [Comes frozen]		75.00/loaf
Oven-roasted or garlic-roasted cauliflower (8)	90.00	Marble cake w/choc icing (12-16 tube cake)		100.00
Oven-roasted mini-potatoes (6)	75.00	Mint brownies (w/mint layer, choc icing) (9)		80.00
Oven-roasted vegetables	100.00	Pareve ice cream: Chocolate, choc-chip, coffee, mint chocolate-chip, strawberry, vanilla, vanilla fudge (6)		70.00/liter
Pasta w/choice of sauces - Bolognese (meat), mushroom-garlic, rose (w/vodka & 'cream'), tomato, vegetable (8)	70.00/liter (w/o pasta) 80.00 w/pasta	Pecan/Chocolate pecan pie (8)		110.00
Potato kugel (9)	75.00	Pineapple upside-down cake		100.00
<i>Ptitim</i> (orzo) w/sautéed mushrooms, onions (8)	70.00	Rice pudding (6-8) – Serve warm or cold		80.00
Rice: Mushroom, raisin-almond, parsley-nut, Spanish (w/chopped meat) (8-10)	85.00	Pecan/Chocolate pecan pie (8)		110.00
* Sautéed mushrooms in wine (6-8)	90.00/liter	Rocky-road brownies (topped w/chocolate chips, marshmallows & nuts) (9)		80.00
Spinach-mushroom kugel (9)	80.00	* Sorbets: Chocolate, lemon, orange		75.00/liter
Sweet noodle kugel (9)	75.00			
Sweet potato kugel (savory) (9)	75.00			
Tri-colored veggie loaf (8)	90.00			
* Zucchini sauté w/tomato sauce (6-8)	75.00			

* = Low/non-fat items

OTHER ITEMS AVAILABLE BY SPECIAL ORDER

KASHRUT: RABBANUT MAALE ADUMIM

MASHGIACH: RABBI GEDALIA MEYER

Shmittah: Heter Mechirah

Place orders by Tuesday for that Shabbat to ensure availability

N.B. All prices subject to change, availability of menu items not guaranteed

NOTE: For a fully-catered event please contact us for tailor-made menu & price quote